



Asthma Annual Assessment

According to our records, you are due an annual asthma review. Please complete the questions below and hand into reception. Alternatively you could complete an electronic version of the form on our website and email to concordmedicalcentre@nhs.net. If your symptoms are deteriorating or you have any concerns, please make an appointment to see the respiratory nurse.

Name:	D.O.B.
Address:	
Mobile No:	Email Address:
Smoking Status for Patients 14 or over (please tick/complete): Current Smoker <input type="checkbox"/> , number of years you have been smoking and how many per day Ex Smoker <input type="checkbox"/> , number of years you were a smoker and how many per day Never <input type="checkbox"/>	

(Should you require advice and support to help you stop smoking, Please contact the surgery to make an appointment with one of our smoking cessation nurses)

In the last year:

1. Have you had difficulty sleeping because of your asthma symptoms (including cough), or wake up needing the blue inhaler?				Yes <input type="checkbox"/>	No <input type="checkbox"/>
If Yes:	Every Day <input type="checkbox"/>	1-2 times per week <input type="checkbox"/>	1-2 times per month <input type="checkbox"/>	More than 2 times per month <input type="checkbox"/>	

2. Have you had your usual asthma symptoms during the day (cough, wheeze, chest tightness or breathlessness)?				Yes <input type="checkbox"/>	No <input type="checkbox"/>
If Yes:	Every Day <input type="checkbox"/>	1-2 times per week <input type="checkbox"/>	1-2 times per month <input type="checkbox"/>	More than 2 times per month <input type="checkbox"/>	

3. Has your asthma interfered with your usual daily activities e.g. housework, work/school etc.	Yes <input type="checkbox"/>	No <input type="checkbox"/>
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4. Do you need to use your inhaler e.g. salbutamol etc. more than 1-2 times a week? Please state if used for exercise	Yes <input type="checkbox"/>	No <input type="checkbox"/>
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5. Are you happy with your inhaler technique?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
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For more information on asthma please visit the [Asthma UK website](http://www.asthma-uk.org) or pop in and see our practice respiratory nurse for more advice.